

RESOLUTION NO. 2023-090

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ELK GROVE
AUTHORIZING THE CITY MANAGER TO EXECUTE A THREE-YEAR CONTRACT
WITH WARRIORZ HEALTH & FITNESS FOR A HEALTH AND WELLNESS
COORDINATOR IN AN AMOUNT NOT TO EXCEED \$109,320 PER YEAR FOR A
TOTAL CONTRACT AMOUNT NOT TO EXCEED \$327,960**

WHEREAS, the City Council recognizes the need to reduce the cost of injuries and Workers' Compensation claim costs; and

WHEREAS, the key component to reducing the cost of injuries and Workers' Compensation costs is by continuing to provide strength and endurance training; and

WHEREAS, the City of Elk Grove wishes to continue a health and fitness program for City employees, including law enforcement personnel.

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Elk Grove hereby authorizes the City Manager to execute a three-year contract, with the option of two one-year extensions in the City's sole discretion, with WarriorZ Health & Fitness, in substantially the form presented, for a health and wellness program in an amount not to exceed \$109,320 per year for a total contract amount not to exceed \$327,960.

PASSED AND ADOPTED by the City Council of the City of Elk Grove this 26th day of April 2023




BOBBIE SINGH-ALLEN, MAYOR of the
CITY OF ELK GROVE

ATTEST:


JASON LINDGREN, CITY CLERK

APPROVED AS TO FORM:


JONATHAN P. HOBBS,
CITY ATTORNEY

CERTIFICATION
ELK GROVE CITY COUNCIL RESOLUTION NO. 2023-090

STATE OF CALIFORNIA)
COUNTY OF SACRAMENTO) ss
CITY OF ELK GROVE)

I, Jason Lindgren, City Clerk of the City of Elk Grove, California, do hereby certify that the foregoing resolution was duly introduced, approved, and adopted by the City Council of the City of Elk Grove at a regular meeting of said Council held on April 26, 2023 by the following vote:

AYES: COUNCILMEMBERS: Singh-Allen, Spease, Brewer, Robles, Suen

NOES: COUNCILMEMBERS: None

ABSTAIN: COUNCILMEMBERS: None

ABSENT: COUNCILMEMBERS: None



Jason Lindgren, City Clerk
City of Elk Grove, California