

# RIFLE UPDATE COURSE

## And EPD Enhanced Patrol Rifle System

### COURSE GOAL

This course will address perishable skills related to the law enforcement rifle. Students will learn to zero fixed and optical sighting equipment, the fundamentals of shooting a rifle, safety and backdrop awareness, proper use of weapon mounted lighting in low-light environments and best practices for deployment of a rifle. Students will practice various shooting positions and transition methods.

Familiarization with issued equipment for EGPD personnel:

- Colt LE6920 EPR (Enhanced Patrol Rifle, 5.56mm)
- Trijicon MRO (w/full co-witness mount)
- Surefire Scout weapon light (push button activation only)
- Magpul MS1 QDM Sling (2 point only)
- One Magpul Polymer 5 slot Pic Rail (to attach Surefire to handguard)

### REQUIRED EQUIPMENT

- Issued body armor
- Full duty belt
- Handgun with mounted light and at least 3 magazines
- Eye and ear protection
- Gloves the officer uses on patrol
- Long pants (BDU type clothing is recommended) and closed toe shoes

### I. Introduction

#### A. Rifle Nomenclature/overview

1. Safety selector
2. Mag release
3. Forward assist
4. Dust cover
5. Charging handle
6. Bolt catch/release
7. Adjustable buttstock
8. Iron Sights
9. Officers will manipulate the nomenclature to ensure Officers know how safely clear the rifle.

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Requirements

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### B. Cycle of operation

1. Feeding
2. Chambering
3. Locking
4. Firing
5. Unlocking
6. Extracting
7. Ejecting
8. Cocking

### C. Red dot sight

1. On and Off switch
2. Rear and front lens
3. Adjustment knobs
  - a. elevation
  - b. windage
4. Increasing/decreasing brightness
5. Battery location
6. Officers will manipulate the adjustment knobs to know where its located.

### D. Sling

1. Front and Rear sling attachment
2. 3 or 9 o'clock dependent upon left/right shooter
3. Option to attach closer to muzzle or closer to shooter
4. Adjusting/customizing the sling to fit each shooter
5. Loosen or tightens the sling to the body
6. Types of configurations
  - a. Two point
  - b. One point

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### E. Weapon Light

1. Functions and Operations
  - a. Battery placement
2. Turning off/on
3. Pig tail/ pressure switch
4. Placement of light
5. Officers will manipulate the on/off switch to know where its located.
  - a. 3, 6 or 9 o'clock on the handguard
  - b. Finger use to activate the rifle light

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### F. Policy and/ or legal issues and moral obligation

1. Seeing and identifying threats
2. Verbal challenge commands(stop police, put the gun down) prior to firing is possible.
3. Elk Grove Police Department Policy 314
4. Moral obligations of force
  - a. Identify opportunities to deescalate

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## II. Safety

### A. Rules

1. Treat all weapons if they were loaded.
2. Finger straight and off the trigger until your sight are on target.
3. Be sure of your target and what lies beyond it.
4. Laser rule, never point your weapon you are willing to destroy.
  - a. Follow Range Rules
  - b. Follow Instructors commands
  - c. Strict Weapon Discipline and Muzzle Control
  - d. No lasering of any body parts
5. Review of Safety Rules
  - a. Cover primary elements as a check list with students
  - b. Local emergency/first aid procedures to include radio/telephone procedures, closest medical facility and staging area

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### B. Weapon mounted lights

1. Where is your activation switch?
  - a. Finger activated? Most common Stream light/Surefire
  - b. Grip/pressure activated?
  - c. Able to activate without using the trigger finger
  - d. Sympathetic reaction

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### C. Affixing gun mounted light to rifle

1. Unload rifle in a safe direction
  - a. Remove magazine
  - b. Clear chamber
  - c. Visually and physically check the chamber and magazine well.
  - d. Bolt forward on empty chamber, safety on
  
2. Slide/ attach gun light to tact rails
  - a. Place batteries in rifle light
  - b. Adjust the light position so it is accessible by your index or thumb
  - c. Test the push/ toggle mode of the light.

### III. Zeroing the Rifle

- A. Use duty ammunition
- B. 50 Yard zero
- C. Zero red dot sight
- D. Zero Iron Sights

### IV. Learning about Mechanical Offset

- A. From about 12 yards and in
- B. Bullet will strike low (1.5--3" low of POI)
- C. Must adjust for this offset for precision shots during close distance shots
- D. ONLY APPLICABLE FOR PRECISION SHOTS UP TO 12 YARDS AND IN
  1. This must be stressed to the students
- E. Generally, the only time offset will be an issue is during hostage type incidents during CQB type engagements
- F. Other than the above circumstances, the students should acquire their target and engage and not worry about the offset.

### V. Offset Shooting Exercise

- A. Drills should be tailored to get students acquainted with use of red dot sight and offset, repeated for three repetitions.

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- B. At 3-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- C. At 5-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- D. At 7-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- E. At 10-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- F. At 12-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command

### VI. Red dot malfunction

- A. Demo how to deploy the iron sights
- B. Look through the red dot sight glass and use iron sights to engage targets
- C. Conduct shooting related drills with red dots not working using iron sights only making a hasty rear sight via optic and front sight post
- D. At 3-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- E. At 5-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- F. At 7-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- G. At 10-yard line red don't on center of eyes fire one (1) round discuss offset
  - 1. Fire 5 rounds after making adjustments one round per command
- H. At 12-yard line red don't on center of eyes fire one (1) round discuss offset

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1. Fire 5 rounds after making adjustments one round per command

### VII. Proper use of the rifle slings

- A. Two point only slings
  1. Should always be used when the rifle is deployed
  2. Demo proper use of sling
  3. Tightening
  4. Loosening
- B. Transitioning from rifle to pistol
- C. Going hands free
  1. Safety selector!!!
- D. How to properly move the rifle to the student's back so it does not dangle in front of them when trying to handcuff or go hands-on a suspect.

### VIII. Weapon Light

- A. Proper manipulation of light activation
- B. When to turn it on
- C. Don't backlight fellow officers in front of you!
  1. LASER RULE!!
- D. Weapon light is NOT a Flashlight
- E. Light should not be used to search unless you are searching for a possible lethal threat
  1. **Perform multiple reps of this action....DRY—NO LIVE AMMO**
- F. Conduct rifle transition drills going from rifle to pistol
  1. While on line ten (10) reps Strong side transition to handgun
  - While on line ten (10) reps nondominant side transition to handgun

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### IX. Comprehensive Exercise (Course of fire)

Shooting to be conducted in low light environment for the use of the gun light.

#### A. Course #1

5-yard line low ready, activating the rifle light, identifying your target and engaging in a nonstandard response center mass (4 repetitions)

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#### B. Course # 2

5-yard line low ready, activating the rifle light, identifying your target and engaging in a nonstandard response head shot (4 repetitions)

(Instructors to check targets for mechanical offset and discuss importance)

#### C. Course #3

10-yard line low ready, activating the rifle light, identifying your target and engaging in a nonstandard response center mass (4 repetitions)

#### D. Course #4

10-yard line low ready, activating the rifle light, identifying your target and engaging in a nonstandard response head shot (4 repetitions)

(Instructors to check targets for mechanical offset and discuss importance)

#### E. Course #5

15-yard line low ready, activating the rifle light, identifying your target and engaging with two (2) rounds center mass, transition to handgun nonstandard response (4 repetitions)

#### F. Course #6

15-yard line low ready, transition to nondominant side, activating the rifle light, identifying your target and engaging with two (2) rounds center mass, transition to handgun nonstandard response (4 repetitions)

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- G. Course #7 (Emergency mag reload/ reidentify target & assess)  
15-yard line, one round in chamber, one round center mass, (lock back/  
malfunction/out of ammunition) emergency reload (5 repetitions)
- H. Course #8  
15-yard line, nondominant side, one round in chamber, one round center  
mass, (lock back/ malfunction/out of ammunition) emergency reload (5  
repetitions)
- I. Course #9 (Prone)  
50-yard line ten (10) rounds prone
- J. Course #10 (Kneeling)  
Kneeling five rounds (5) each kneeling position from the 50-yard line  
High kneeling  
Low Kneeling  
Double Kneeling
- K. Course #11 (Barricade/Cover)  
25-yard line 5 rounds each shooting position  
Pros/Cons of each position
- Using patrol car vehicle for cover  
Hood  
Rear quarter panel  
Front bumper area
- Shooting behind a wall  
25-yard line 5 rounds each shooting position with Pros/Cons of each  
position  
Kneeling  
Prone  
Standing

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### L. Course #12 (Bounding)

From the 25 to the 15-yard line nonstandard response on threat command

#### Communication

- Moving
- Covering
- Set

#### Fields of Fire

- Responsibility
- Target identification
- Light discipline

#### Reloading/ Malfunctions

- Behind cover (Red/Green)
- Tactical loads vs Emergency reloads
- Transitions is it applicable?

### X. Qualification Course

- A. 50-yard line - 3 rounds standing, 3 rounds kneeling, 3 rounds prone - 20 Sec
  - 1. From 50 to 30-yard line Trot/ run to the 30 time won't start until Ofc. Get there and dress left
- B. 30-yard line - 3 rounds standing, 3 rounds kneeling - 15 Sec
  - 1. From 30 to 20-yard line Trot/ run to the 20 time won't start until Ofc. Get there and dress left
- C. 20-yard line - 5 rounds strong transition to nondominant side 5 rounds weak - 15 Sec
  - 1. Trot/ run to the 15 time won't start until Ofc. Get there and dress left
- D. 15-yard line - tactical walk to 7-yard line 3 threat commands 2 rounds per command
- E. 7-yard line - Transition drill stationary turns (center, left & right)
  - 1. 1 round center mass with rifle transition
  - 2. 3 rounds with handgun, (2 body & 1 head)

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### **PASSING SCORE CRITERIA:**

If they have a malfunction they need to fix it and get the rounds down range. No mulligans

Need 2 full 30 round mags

Using the EGPD qual target.

Total rounds 52

Passing 42 rounds. All body shots/ center mass shall be in the blue square and head shots in the round blue circle.